

BLOCK SEVEN: Shoo-Fly

This block reflects one of the best known desserts associated with the Amish, the Shoo-Fly pie. It is so sweet, it is said to attract flies while cooling – hence the name Shoo-Fly. Sometimes the block was called Monkey Wrench. This block was popular first in Lancaster, Pennsylvania, but soon appeared in the Midwest. It is one of several that were transferred with the western migration of the Amish.

Since the late 19th century, Amish women have made and used quilts for a variety of reasons. Traditionally, quilts were made for sons and daughters as part of their wedding portion. Occasionally a quilt was given to a young woman as a "namesake" gift – from an aunt or grandmother who shared her name. Quilts made for every day family use were often done quickly and simply. They were tied or knotted into comforts. Crib quilts were made for new family members and doll quilts for girls to use in their play. In the 20th century the Amish adopted the "English" custom of giving quilt blocks or sometimes a finished quilt to a woman moving away from the community. Friendship quilts were usually made out of block designs with initials or perhaps a name embroidered in each block.

Among the Amish, quilt making has always been an activity for every age group. During the years when women are giving birth to children and raising their families, new quilts are necessary to replace worn-out ones. Often at least one quilt is reserved for special use or guests. Some of the oldest quilts we have today

exist because of this custom. These were special quilts made with extra care and given special attention to detail in the quilting.

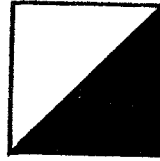
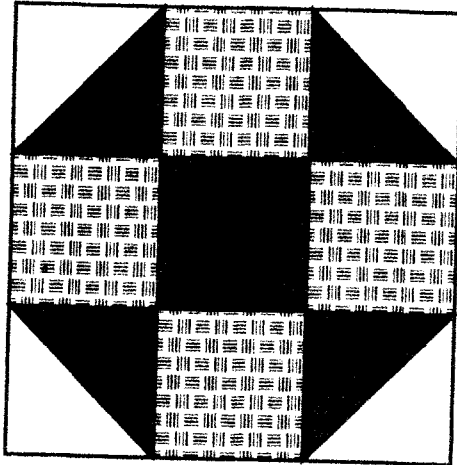
Shoo Fly Pie

2/3 c. brown sugar
1 T. shortening
1 c. flour
1 c. thick molasses
3/4 c. boiling water
1 egg - beaten
1 t. baking soda
9 in. unbaked pie crust

Crumb Mixture: Combine first three ingredients in small bowl.

Filling: Combine soda with boiling water, then add egg and molasses. Add 1/2 of crumb mixture (this will be lumpy). Pour into unbaked pie crust and cover with remaining 1/2 of crumb mixture. Bake at 375 degrees for 10 mins. then reduce heat to 350 degrees and bake for an additional 35 - 45 mins. or until firm.





Unit 1
Make 4



Fabric #1 (tan)



Fabric #2 (red)



Fabric #3 (teal)

Rotary Cutting Measurements:

From Fabric #1

A1 cut (2) 4-7/8" x 4-7/8". Cut once on diagonal

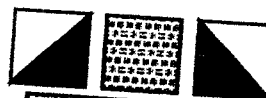
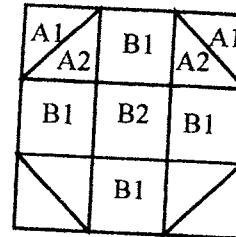
From Fabric #2

B1 cut (4) 4-1/2" x 4-1/2" squares

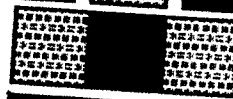
From Fabric #3

B2 cut (1) 4-1/2" x 4-1/2" square

A2 cut (2) 4-7/8" x 4-7/8". Cut once on diagonal



Row 1



Row 2



Row 3

Assemble block
as a 9 patch